

# WINGS

## *Women In God's Service*

Proverbs 17:22a

"A cheerful heart is good medicine"

Live Laugh Love



**Keystone Opportunity Center**

Providing Help • Offering Hope

"MEATING" Community Needs....

Keystone Opportunity Center is now has freezers to store donated meat for families with needs. On Sunday, October 24 ONLY, we will be collecting one pound packages of ground beef. Please place your frozen donation in the church freezer on the 24th and it will be delivered to the center on the 25th. This is the only official collection of the month, although, any donations are appreciated. Thanks again for your help in this effort!! Any questions, see Brenda.

## Trunk or Treat

Trunk or Treat is going to be on October 27th. We are going to need lots of help to make it a safe and fun night for our kids. We are asking everyone to sign up on the WINGS bulletin board for a doorway to decorate and pass out candy and also for each Life Group to organize a carnival-type game for afterwards. We will end the evening with a devotional. Any questions, please see Mark and Charissa Wilson or Liz Garrett.



2010 Women's and Girl's Luncheon and Devotional

*Sacred Moments*

October 31st

Immediately following Sunday morning service.

Psalm 119:18

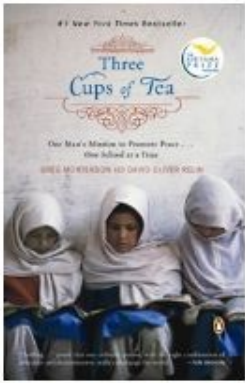
"Open my eyes so I can see what you show me of your miracle-wonders."



## Ladies Get Away

**NEXT WEEKEND!!**

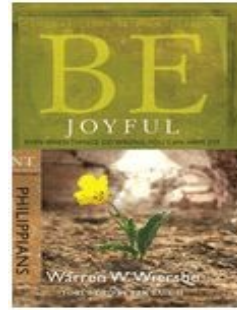
There will be a brief meeting in room 10 for the ladies going on next weeks Get Away. If you were able to attend the meeting on Wednesday, you do not need to attend this meeting. Also, if you are interested or know someone who is interesting in going to the Get Away, there are two spaces available at half price. Please see Janice Mains for more details.



## **North Penn Book Club**

If you are interested in joining the new Book Club, you have time to read the first book Three Cups of Tea by Greg Mortenson.

Our discussion will be held at Brenda Garrett's home on November 9th at 7 p.m. If you have any further questions, please see Angel Schulz.



## **Wednesday Night Ladies Class**

The Fall class is continuing its study of the book of Philippians. *Donna has also set up the Yahoo Group to email the following weeks "homework."* *If you are not set up with the Yahoo Group, please see Donna.*

## **CALENDAR**

### **October**

15th-17th Ladies Get-Away  
27th Trunk or Treat  
31st Women's and Girl's Devo

### **November**

9th Book Club  
12th Bunko

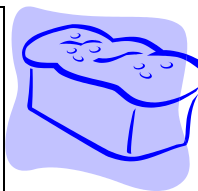


# **BUNKO**

ARE YOU READY FOR AN EXCITING NIGHT LADIES??? MARK YOUR CALENDAR FOR NOVEMBER 12TH. WE'VE GOT MORE INFORMATION COMING SO KEEP AN EYE OUT. LET'S GET READY TO ROLL!

## **Tuesday Morning Bible Class**

The Women's Tuesday Morning Class has started to pick up where it left off last spring, examining the 2nd half of the Gospel of Mark from a narrative perspective, and will continue to meet weekly on Tuesdays from 9:30-11 a.m. in the teen room. Charissa Wilson will be leading the class and childcare will be provided. Don't feel intimidated by missing any previous class. There is plenty of review!!



Oct. 17 Janice Swenson  
Oct. 24 Charissa Wilson  
Oct. 31 Rose Decker

**Being a good person is like being a pumpkin. God lifts you up, takes you in, and washes all the dirt off of you. He opens you up, touches you deep inside and scoops out all of the yucky stuff -- including the seeds of doubt, hate, greed, etc. Then He carves you a bright new smiling face and puts His light inside of you to shine for all the world to see.**

# How Does Your Garden Grow

By MaryAnn Lobko

The autumn wood the aster knows,  
The empty nest, the wind that grieves,  
The sunlight breaking thro' the shade,  
The squirrel chattering overhead,  
The timid rabbits lighter tread  
Among the rustling leaves.  
----- Dora Read Goodale



## **Pumpkins For Everyone**

The word pumpkin came from the Greek word "Pepon" which means "large melon". The word gradually changed by the French, English, and then Americans into the word "pumpkin". The early pumpkins were a crooked neck variety that stored well. Pumpkins are believed to have originated in the Americas. Ancient farmers learned to grow squash with maize and beans using the "Three Sisters" method. The three sisters are squash, corn, and beans. Corn serves as the natural trellis for the beans to grow on. The beans roots set nitrogen in the soil to nourish the corn and the bean vines help to stabilize the corn stalks on windy days. The squash plants shelter the shallow roots of the corn and shade the ground to discourage weeds and preserve moisture. Early Native Americans also roasted the pumpkin strips over campfires and used them as a food source, long before the arrival of European explorers. Dried pumpkin strips were also used to make mats. They used the pumpkin flesh in many ways: roasted, baked, parched, boiled and dried. They ate the pumpkin seeds and used them as a medicine. Dried pumpkin could also be stored and ground into flour. Dried shells of pumpkins could be used as bowls and spoons.

Indians introduced pumpkins to the Pilgrims. They were an important food source for the Pilgrims because they stored well. It is documented that pumpkins were served at the second Thanksgiving celebration. The following poem shows just how often the Pilgrims ate pumpkin:

*"For pottage and puddings and custards and pies  
Our pumpkins and parsnips are common supplies,  
We have pumpkins at morning and pumpkins at noon,  
If it weren't for pumpkins we should be undone."  
--Pilgrim verse (1633)*

*The word "pumpkinhead" came from the early New Englanders use of pumpkin shells as a template for haircuts to ensure a uniform cut. The tradition of carving pumpkins into Jack-o-Lanterns came from the Irish and Scottish tradition of carving turnips and potatoes. The name "Jack" came from a character in an old Irish story.*

*Pumpkins were even once used for removing freckles and curing snake bites! Pumpkins must be one of the most versatile fruits that exist. Are you thirsty? Pumpkins are 90% water. Need vitamins and minerals? Pumpkins contain potassium and Vitamin A. Even the flowers are edible!*

*Thank you God for pumpkins!*

# Can You Find Your Sisters?

Z P S I L F Y Q E Y H F Q G Y E L I A B E I B B E D I M R R  
 T L Y M P O U C Z M M B D H R Z C K K L V U U E B T N H N E  
 S O U A L K R V D B H K Y C W Z N O H I K O Z S L N O U O N  
 F H D H V E Z R S B R S U F N M S Y D N O B P E O C A N S E  
 O C L X C N N I A Y G H X U Y O H Y B D Z A D D H Z R Z L M  
 S D S N D S Y L W I S D W V A W X E G A H N W T O C A K I O  
 D K I N F Y L O L V N M A Y Y G O N D H G A I W A F F Z W Y  
 B A X E M A U E U E S E C T S P Q O S L G C E R J C N Q A E  
 T J X S R B W I G A R M C T H M M L V A I W O E Q P N H N R  
 I W K O A D G J M N B R W A M P K A R S K L U A N V A T N C  
 L I Z G A R R E T T A S E T S A K M C T B X W G X O S Y A F  
 T T E R R A G A D N E R B H T S S Y J A C K I E B O N N E R  
 K T S S E L C K E S J F Y H S V E L I D B A S W B E U T D M  
 D H Y C E C V T N V M X Y E S I C L C P O I L E T E H Q P A  
 W C X T Q F J I I C A M B M M I E E X E W N I W H V P F R R  
 Z O E N L N Q J J M Y N C Y G Y W K Q E I G N L Q T P P O Y  
 S G U Y T P P J L N P A S I A N C E L B R J E A T F A V K A  
 R H V B E V I N A E H T C T N C O N L A G I T E J M V I D N  
 W K Z L G O W U W G Y E K N P D Y G M E G F R H W O H T H N  
 O D H P C K G G U L L O D G C L Y Q A H N R J H O K N R X L  
 U D G B C H N X E T L Q G E I Q O T A G A E I C G V G E T O  
 S N H U P D R Y E G I Y R R W Z S N U G S T M W Y G F F S B  
 J A C K I E N E L M S J A V C X N N L R E T J E L J G Z K K  
 J Z X M R M I T P A B M E Y A A T L W H N Q Z L H N T Q O O  
 D E L C E N E E M E R S O N K V I W J J P E G K Z S Y X X R  
 R N P A Q D Q L X P I O D E U J L S U P D W R C U J V E Q V  
 W J T X R D C Z E N S G R T J O S Y F Z U C E I I S P G E U  
 U V L H U O F D Y H T S Q H K K A E X M G J X Y P J Y C Q V  
 B M K X V H X Z H E O L L E N S A D N E L G T K J E F T K F  
 I F X H K D V O S B L S D L K L X N R R Z E Q R U M R W T R

Kelly Maloney  
 Jill Garrett  
 Marilyn Lewis  
 Delcene Emerson  
 Rene Moyer  
 Jackie Bonner  
 Jackie Nelms  
 LeighAnn Akers  
 Cindy Turner

Lorraine Cassel  
 Carol Bailey  
 Margie Bost  
 Dierdra Evans  
 Liz Garrett  
 Mary Ann Lobko  
 Glenda Snell  
 Pam White  
 Kathy Mynaugh  
 Shemene Lewis

Donna Jones  
 Angel Schulz  
 Sherrell Nelms  
 Deanna Wilson  
 Phyllis Bristol  
 Ann Faraoni  
 Linda Hlasta  
 Brenda Garrett  
 Debbie Bailey